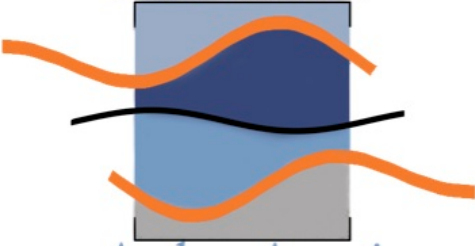


Pame Ambro



Andare Avanti

is situated in Calabria in the south of Italy. Inspired by the richness of the local culture in the search for connections through confrontation between new and old, local and global, we and them, individual and community Pame Ambro aims to bring people together from all over to help them to 'go forward'.

# how do I learn best

27 October - 2 November 2011

Amendolea, Calabria, Italy



The European Network for Innovation and Quality in Non Formal Education

is a European organisation bringing together practitioners and researchers to strive for quality and innovation in non-formal education.



How do I learn? How do other people learn? Is there one way you learn best? Or are there many ways, depending on where you are, what you learn, with whom you are? When do we call something learning anyway?

Many questions which probably have no clear and fixed answer. One thing although seems to be clear: Being aware of the way(s) one learns helps people a lot in their learning.

The need to be aware of one's own learning is more then ever relevant since learners are expected nowadays to take responsibility for their own learning; to decide themselves what and how to learn. Being aware of your own learning is a crucial element of the learning to learn competence.

The 'How Do I Learn Best' training course wants to explore all these questions around learning in order to help participants to raise their awareness about their own learning and to improve their competences as facilitators of the learning of others.

unique network

## The Programme

The programme is designed in such a way that participants can follow their own needs in what they would like to explore, to find out what 'learning best' means for them.

Topics that a.o will be offered in the programme are:

- \* the meaning of learning in 2011
- \* my biography as a learner
- \* how to diversify my learning
- \* facilitation of learning in the framework of lifelong learning
- \* how to overcome learning obstacles
- \* identifying you learned something
- \* documenting learning
- \* a learning portfolio

And of course there will be the possibility to explore the Calabrian environment and culture.

## Il Bergamotto

The training course will take place in the agriturismo 'Il Bergamotto'. An agriturismo is a farm offering as well accommodation and food. The main activity here is the cultivation of the bergamotto, a fruit close to the orange and lemon which only grows in this particular part of Calabria and is used for perfumes, tea and many other products.

Next to wonderful food and beautiful surrounding the place offers a perfect environment for a training course.



## L2L project

UNIQUE and Pame Ambro were involved in the Learning to Learn project, a 2 year practice and research project funded by Grundtvig diving into the European Key Competence Learning to Learn. The How Do I Learn Best training course is inspired by this project and the outcomes of the course will be shared with the participants and partners.

## Conditions for participation

The training course is co-funded by the Italian National Agency of the Youth in Action programme. Costs for accommodation and food are fully covered. Travel costs to the venue are funded up to 70%. The participation fee is 100 €.

The training course is open for participants from: Austria, Belgium, Czech Republic, Denmark, France, Greece, Italy Romania, Spain, Sweden.

Application forms can be filled in online [>>](#) until the 10th of September 2011.

In the selection process those who applied first will have preference.

